

Canadian Immunocompromised Advocacy Network

FAQ

Vaccine Facts For Immunocompromised People

Who is considered immunocompromised?

Immunocompromised (IC) people have a **weakened immune system**, often caused by a disease or medical treatment. People who are IC are at an **increased risk for severe health outcomes** from infections that vaccines protect against.

Are vaccines safe for immunocompromised people?

- Vaccine safety depends on a person's health condition.¹
- Non-live vaccines are safe for most IC people.¹
- Live vaccines may not be safe for some IC people as they contain a weakened strain of the virus, which can lead to actual infection.¹

How well do vaccines protect immunocompromised people?

- The level of protection that a vaccine provides depends on the type of vaccine and the ability of the person's immune system to respond to the vaccine (e.g., ability to mount an immune response).¹
- Some people do not mount a strong response to certain vaccines (e.g. mRNA vaccines), and require more doses or other therapeutics (e.g. antivirals, monoclonal antibodies) to be fully protected.²

Which vaccines should immunocompromised people get?

- Your healthcare provider can recommend vaccines based on your IC status, which may differ from what is recommended to the general population.
- The vaccines needed depend on many factors, including the type and severity of immune system compromise, age, your medical history, and health risks.¹
- Vaccines your healthcare provider may recommend include:
 - COVID-19 Influenza (Flu) Respiratory Syncytial Virus (RSV)

What are the COVID-19 vaccine recommendations for IC people?

Canada's official guidelines recommend³:

- People who are IC receive the most recent COVID-19 vaccines (mRNA or protein subunit) in the fall of 2024. This vaccine will contain the most recent circulating strains of COVID-19.³
- You can receive a COVID-19 vaccine if it has been **more than 6 months** since your last COVID-19 vaccine or COVID-19 infection.³

Links to more information:

- 1. Public Health Agency of Canada. Immunization of immunocompromised persons: Canadian Immunization Guide (2024).
- 2. Boretti A. **mRNA vaccine boosters and impaired immune system response in immune compromised individuals: a narrative review.** Clin Exp Med. 2024 Jan 27;24(1):23. DOI: <u>10.1007/s10238-023-01264-1</u>.
- 3. Public Health Agency of Canada. COVID-19 vaccines: Canadian Immunization Guide (2024).